

COURTYARD CAFÉ

Week of May 6th

Mon – Fri
7:30am - 3pm

Breakfast: 7:30 - 10:30
Lunch: 11:15 - 2:00
Snacks: 7:30 - 3:00

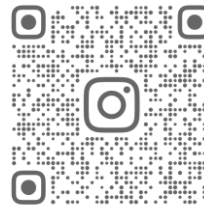
Special Events

Check out our FREE Superfood Sample Tables this week!

- **Tuesday 5/7** – Elements Café
- **Wednesday 5/8** – Courtyard Café
- **Thursday 5/9** – Atrium Café

LUNCH

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Italian Wedding Tomato Basil Bisque	Southwest Tortilla Vegetable Minestrone	Broccoli & Cheese Red Lentil & Vegetable	Beef Vegetable Barley Wild Mushroom Bisque	Clam Chowder Garden Vegetable
Kitchen Table	Chicken Biryani V Paneer Tikka Masala V Basmati Rice with Green Peas V Cauliflower & Tomato Curry V Garlic Naan	Herbed Baked Haddock, Breadcrumbs, Tomato, Pearl Onions, Lemon Rosemary Roasted Pork Shoulder V Garlic Chive Mashed Potato V Green Beans, Peppers & Spinach	Colombian-Inspired Rotisserie Chicken V Pinto Bean Stew, Sofrito, Carrot, Peppers, Cilantro V Arroz Con Coco, (Coconut Rice) V Roasted Garden Vegetables with Annatto Guacamole, Sour Cream	Oven Roasted Pork Butt, Pineapple, Mandarin, Scallions V Tofu Stir Fry with Garlic Sauce V Brown Rice Pilaf V Braised Baby Bok Choy	Catfish, Green Chili, Lime Cilantro Remoulade Roasted Chicken, Oregano, Lime, Orange Peel, Garlic, Chili Pepper V Roasted Sweet Potatoes V Sautéed Kale
Action	<p style="text-align: center;">Bulgogi</p> <p>Choice of Base: Mizuna Cabbage Salad, White Rice Choice of Protein: Tofu Bulgogi, Chicken Bulgogi, Beef Bulgogi Choice of 2 Sides: Spicy Pickled Daikon & Carrots, Roasted Eggplant, Cucumber Sesame Salad, Kimchi Choice of Sauce: Ssamjang (Spicy Soybean Paste), Sweet Chile Sauce Choice of Toppings: Roasted Peanuts, Cilantro, Crispy Onions, Lime, Sesame Seeds, Scallions</p>			<p>Global Grains</p> <p>V Vegetable "Buddha Bowl": Brown Rice, Turmeric Roasted Cauliflower, Sauteed Spinach, Roasted Sweet Potatoes, Avocado, Red Pepper Tahini Dressing, Crispy Chickpeas Italian-Inspired Chicken, Farro, Pesto Bowl: Balsamic Glazed Chicken, Farro, Cherry Tomatoes, Arugula, Roasted Bell Peppers, Pesto, Parmesan Cuban-Inspired Mojo Pork Quinoa Bowl: Cumin- & Citrus-Marinated Shredded Pork, Quinoa, Poblano & Bell Peppers, Orange Segments, Pickled Red Onions, Cilantro, Cilantro Lime Crema</p>	
Rustico	<p style="text-align: center;">DELI SIDES</p> <p>V Berry, Mango & Avocado, Almond Salad Kale Caesar V Cauliflower "Caesar" Wrap: Creamy Garlic "Caesar" Dressing, Zucchini, Cauliflower, Romaine, Fried Onion, Parmesan Cheese, Herb Garlic Wrap Prosciutto Sandwich: Prosciutto, Mozzarella, Tomato, Basil, Swiss Cheese, Herb Focaccia</p>				



HMS_EATS

Follow us on IG and get the latest news, view the menu, upcoming event, wellness education and more.



Order Ahead
thrive



Menus are subject to change due to seasonality and availability.
Before placing your order, please inform your server if a person in your party has a food allergy.

- Better-For-You Option
- Vegetarian
- Vegan